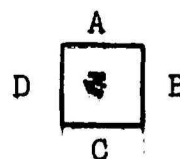


CHATEN YARA NO SAI



5 To "B",

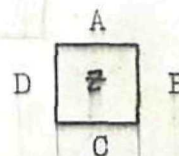
- a- L Zen w/ L closed Sai depress block (Hi-Lo-Hi) (R closed Sai in Empi).
- b- Advance to R Zen w/ R closed Sai Tate then flip Sai open.
- c- Advance to L Zen w/ L closed Sai Tate then flip Sai open.
- d- Advance to R Zen w/ R closed Sai Tate (No flip open)
- e- Draw R leg back to _____ Tsuru and load R closed Sai up past left shoulder.
- f- Step to R Zen w/ R open Sai to Jodan (45°) (flip Jodan)
- g- Maintain R Zen w/ R open Sai Cage (Kaugi) Tsuki (Jodan area)
- h- Maintain R Zen w/ R closed Sai Gedan Uke
- i- Maintain R Zen w/ L closed Sai Tate to R closed Sai Tate.

6 Pivot from "B" to "C" (closed Sai) R leg of R Zen moves to right to form a R Zen facing "C". (C.W. pivot)

7 To "C",

- a- R Zen w/ R closed Sai Gedan Uke.
- b- Draw R leg back to _____ Tsuru and load R closed Sai up past left shoulder.
- c- Step to R Zen w/ R open Sai to Jodan (45°) (flip Jodan)
- d- Maintain R Zen w/ R open Sai Cage (Kaugi) Tsuki (Jodan area).
- e- Maintain R Zen w/ R closed Sai Gedan Uke.
- f- Maintain R Zen w/ L closed Sai Tate to R closed Sai Tate.

CHATEN YARA NO SAI



1 To "A";

- a- REI: Haisuko w/ closed Sai.
- b- ~~Haiji~~ Haiji to right w/ closed Sai: Morote Chudan then Morote Tate Gedan.
- c- R _____ Tsuru w/ open Sai crossed overhead.
- d- R Zen w/ open Sai Morote Shuto to neck.

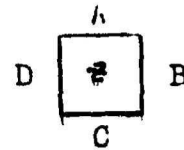
2 Pivot from "A" to "D" (closed Sai); Pivot from R Zen 90° C.C.W. to a L Zen facing "D".

3 To "D";

- a- L Zen w/ L closed Sai depress block (Hi-Lo-Hi) (R closed Sai in Empi).
- b- Advance to R Zen w/ R closed Sai Tate then flip Sai open
- c- Advance to L Zen w/ L closed Sai Tate then flip Sai open
- d- Advance R Zen w/ R closed Sai Tate (No flip open)
- e- Draw R leg back to _____ Tsuru and load R closed Sai up past left shoulder.
- f- Step to R Zen w/ R open Sai to Jodan (45°) (flip Jodan)
- g- Maintain R Zen w/ R open Sai Cage (Kaugi) Tsuki (Jodan area)
- h- Maintain R Zen w/ R closed Sai Gedan Uke
- i- Maintain R Zen w/ L closed Sai Tate to R closed Sai Tate

4 Pivot from "D" to "B" (closed Sai) L leg of R Zen slides behind, to form a L Zen facing "B". (C.C.W. pivot)

CHATEN YARA NO SAI



- 8 Pivot from "C" to "A" (closed Sai) L leg of R Zen slides behind to form a L Zen facing "A". (C.C.W. pivot).

9 To "A":

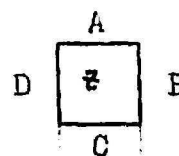
- a- L Zen w/ L closed Sai depress block (Hi-Lo-Hi) (R closed Sai in Empi).
- b- Advance to R Zen w/ R closed Sai Tate then flip open. ~~THEN CLOSE SAI AND MAKE A R. GEDAN UKE.~~
- c- Advance to L Zen w/ L closed Sai Tate then flip Sai open then close Sai and make a L Gedan Uke.
- d- Advance to R Zen w/ R closed Sai Tate (do not flip open).
- e- Draw R leg back to _____ Tsuru and load R closed Sai up past left shoulder.
- f- Step to R Zen w/ R open Sai to Jodan (45°) (flip Jodan)
- g- Maintain R Zen w/ R open Sai Cage (Kaugi) Tsuki (Jodan area)
- h- Maintain R Zen w/ R closed Sai Gedan Uke (No L Tate and R Tate)

10 Still facing "A" in a R Zen:

- a- Draw back to R Neko w/ closed Sai L arm vertical and R arm horizontal cover in front of chest area,
- b- Advance to a R Zen w/ both closed Sai crossed horizontally in front of body - rip left to lower left (Gedan) and right to lower right (Gedan) while advancing to the R Zen.
- * c- ~~see below~~
- d- R _____ Tsuru w/ open Sai crossed overhead.
- e- R Zen w/ open Sai Morote Shuto to neck.

* "c" ABOVE: DRAW BACK TO R. — TSURU DOWN AND PUSH FORWARD TO A R. ZEN w/ MOROTE CLOSED SAI TATE TO "A"

CHATEN YARA NO SAI



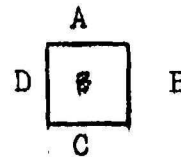
- 11 Pivot from "A" to "D" (closed Sai) R leg of R Zen slides to left to form a R Zen facing "D". (C.C.W. pivot).

- 12 To "D",
- a- R Zen w/ R closed Sai Gedan Uke
 - b- Draw R leg back to _____ Tsuru and load R closed Sai up past left shoulder.
 - c- Step to R Zen w/ R open Sai to Jodan (45°) (flip Jodan)
 - d- Maintain R Zen w/ R open Sai Cage (Kaugi) Tsuki (Jodan area)
 - e- Maintain R Zen w/ R closed Sai Gedan Uke.
 - f- Maintain R Zen w/ L closed Sai Tate to R closed Sai Tate.

- 13 Pivot from "D" to "B" (closed Sai) L lge of R Zen slides behind, to form a L Zen facing "B". (C.C.W. pivot).

- 14 To "B",
- a- L Zen w/ L closed Sai Gedan Uke.
 - b- Draw L leg back to _____ Tsuru and load L closed Sai up past right shoulder.
 - c- Step to L Zen w/ L open Sai to Jodan (45°) (flip Jodan).
 - d- Maintain L Zen w/ L open Sai Cage (Kaugi) Tsuki (Jodan area)
 - e- Maintain L Zen w/ L closed Sai Gedan Uke
 - f- Maintain L Zen w/ R closed Sai Tate to L closed Sai Tate.

CHATEN YARA NO SAI



- 15 Pivot from "B" to "C" (closed Sai) L leg of L Zen slides to right to form a L Zen facing "C", (C.W. pivot).

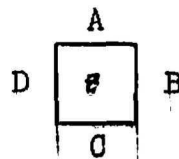
16 To "C",

- a- L Zen w/ L closed Sai depress block (Hi-Lo-Hi) (R closed Sai in Empi)
- b- Advance to R Zen w/ R closed Sai Tate then flip open then close Sai and make a R Gedan Uke
- c- Advance to L Zen w/ L closed Sai Tate then flip Sai open then close Sai and make a L Gedan Uke.
- d- Advance to R Zen w/ R closed Sai Tate (do not flip open)
- e- Draw R leg back to _____ Tsuru and load R closed Sai up past left shoulder.
- f- Step to R Zen w/ R open Sai to Jodan (45°) (flip Jodan).
- g- Maintain R Zen w/ R open Sai Cage (Kaugi) Tsuki (Jodan area).
- h- Maintain R Zen w/ R closed Sai Gedan Uke (No L Tate and R Tate).

17 To "C",

- a- Draw back to R Neko w/ closed Sai L arm vertical and R arm horizontal cover in front of chest area.
- b- Advance to R Zen w/ both closed Sai crossed horizontally in front of body - rip left to lower left (Gedan) and right to lower right (Gedan) while advancing to the R Zen.
- c- Draw back to R Tsuru Dachi and push forward to R Zen again w/ Morote closed Sai Tate to "C".
- d- R _____ Tsuru w/ open Sai crossed overhead.
- e- R Zen w/ open Sai Morote Shuto to neck.

CHATEN YARA NO SAI



- 18 Pivot from "C" to "B" (closed Sai) R leg of R Zen slides to left to form a R Zen facing "B". (C.C.W. pivot).

19 To "B";

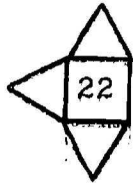
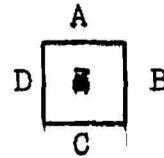
- a- R Zen w/ R closed Sai Gedan Uke
- b- Draw R leg back to _____ Tsuru and load R closed Sai up oast left shoulder.
- c- Step to R Zen w/ R open Sai to Jodan (45°) (flip Jodan).
- d- Maintain R Zen w/ R open Sai Cage (Kaugi) Tsuki (Jodan area).
- e- Maintain R Zen w/ R closed Sai Gedan Uke
- f- Maintain R Zen w/ L closed Sai Tate to R closed Sai Tate.

- 20 Pivot from "B" to "D" (closed Sai) L leg of R Zen slides behind to form a L Zen facing "D". (C.C.W. pivot).

21 To "D";

- a- L Zen w/ L closed Sai Gedan Uke
- b- Draw L leg back to _____ Tsuru and load L closed Sai up past right shoulder.
- c- Step to L Zen w/ L open Sai to Jodan (45°) (flip Jodan)
- d- Maintain L Zen w/ L open Sai Cage (Kaugi) Tsuki (Jodan area).
- e- Maintain L Zen w/ L closed Sai Gedan Uke.
- f- Maintain L Zen w/ R closed Sai Tate to L closed Sai Tate

CHATEN YARA NO SAI



From "D" to "A" to "D" to "C";

- a- Head snap to right - left leg slides to a L Zen facing "A" w/ L closed Sai ~~Gedan~~ **Depressed Jodan**
- b- Right leg moves forward to Keba Dachi full face to "D" w/ Morote closed Sai strike upwards in front of body (breaking choke).
- c- Maintain Keba Dachi w/ Morote closed Sai Gedan (ripping).
- d- Maintain Keba Dachi w/ Morote open Sai poke upwards to throat in front of body (blades crossed)
- e- Maintain Keba Dachi - rip with Sai points (left to left and right to right) Sai points are pointing upward;
- f- Flip Sai to closed position.
- g- Turn to L Mitzurin (C.C.W.) facing "C" and drive Morote closed Sai Tate to floor (Sai on outside of body) this is a ducking move.



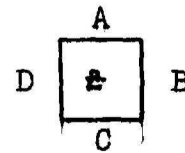
To "C" then to "D";

- a- Draw R leg to R _____ Tsuru Dachi (body facing "C")
- b- Advance to R Zen (facing "D") w/ R open Jodan (45°) (flip Jodan).
- c- Draw R leg to R _____ Tsuru (hold R open Jodan)
- d- Advance to R Zen w/ R open Sai horizontal in front of body at eye level (fencers lunge).
- e- Maintain R Zen w/ R open Sai Cage (Kaugi) Tsuki.
- f- Maintain R Zen w/ R closed Sai Gedan.
- g- Maintain R Zen w/ L closed Sai Tate then R closed Sai Tate.



Pivot from "D" to "B" (closed Sai); L leg of R Zen slides behind to form a L Zen facing "B" (C.C.W. pivot).

CHATEN YARA NO SAI



25 To "B",

- a- L Zen w/ L closed Sai depress block (Hi-Lo-Hi).
- b- Advance to R Zen w/ R closed Sai Tate.
- c- Advance to L Zen w/ L closed Sai Tate.

26 Pivot from "B" to "A" (closed Sai), R leg of L Zen advances forward to form a Shiko, (Body full face to "A").

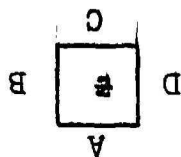
27 To "A" to "B" to "D",

- a- Body full face to "A" in Shiko w/ R closed Sai Tate off R shoulder towards "B".
- b- Maintain above position and flip R Sai open. [vertical]
- c- Maintain above position and head snap to "D".
- ~~d- Maintain above position w/ L closed Sai Tate off L shoulder towards "D".~~
- d- Maintain above position and flip open left Sai [vertical] (right Sai holds its open position off right shoulder)
- e- You are now in Shiko full face to "A" with R open Sai off right shoulder towards "B" and left open Sai off L shoulder towards "D" with head looking towards "D".

28 From "A" to "B",

- a- Head snap to "B".
- b- Draw R leg of Shiko to a R Neko full face to "B".
- c- Poke Morote open Sai towards "B".
- d- The above move is performed by swinging Sai to left towards "A" then driving both open Sai towards "B" (Sai are horizontal with left over right).
- e- Reposition feet to form a L Neko full face to "B".
- f- Slice Morote open Sai to "B" by swinging Sai to right towards "C" then slicing both open Sai to "B" (Sai are horizontal with right over left)

CHATEN YARA NO SAI



From "B" to "A":

a- Head snap to "A" (closed Sai).

b- L leg of L Neko moves back to a Keba full face to "A".

c- Cross closed Sai horizontally in front of body and rip.

d- R closed Sai to vertical position at right side of body (like a Chudan towards "B") and L closed Sai to left side of body (like a Gedan towards "D").

e- Draw to R Haku Tsuru w/ R closed Sai Gedan and L closed Sai Jodan (head looking towards "A-B").

To "A":

a- R leg of R Haku Tsuru down to Hsuko w/ Morote closed Sai Chudan in front of body.

b- Maintain Hsuko w/ Morote closed Sai Tate downwards in front of body.

c- Close kata.

MAIL TO

GEORGE
ANDERSON